



JERRYS-KITCHEN.COM | 610.400.1532  
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@JERRYSFOODTRUCK   

## MEDITERRANEAN PROTEIN BOWLS

All protein bowls include your choice of pita chips or warm flatbread. Additional protein +\$4pp

| TIER I                      | TIER II                                 | TIER III                                  |
|-----------------------------|---|---|
| 3 salads • 2 sauces • 1 dip | 1 protein • 3 salads • 2 sauces • 1 dip | 2 proteins • 4 salads • 2 sauces • 2 dips |

## PROTEINS

### GRILLED MEDITERRANEAN CHICKEN

*spices, lemon, and olive oil*

### YOGURT MARINATED

### GRILLED CHICKEN

*spicy yogurt and tomato sauce*

### CRISPY FALAFEL v chickpea cakes

### SEITAN GYRO VEG / v - diced tomatoes & tzatziki sauce

### VEGAN GYRO v

### LAMB MEATBALL + \$3pp with fresh mint

### SLICED ROSEMARY LEG OF LAMB + \$3pp

### CHIMICHURRI STEAK + \$2pp

## DIPS A LA CARTE AVAILABLE

### MAHAMMARA v

*sweet & spicy roasted red pepper*

### HUMMUS v

*creamy chickpea & garlic*

### BABA GANOUSH v

*creamy roasted eggplant & garlic*

## SAUCES A LA CARTE AVAILABLE

### TZATZIKI VEG

*fresh yogurt, cucumber, dill, & garlic*

### TAHINI v - creamy sesame, lemon, & herb

### LABNEH VEG - yogurt with mint & lemon

### SCHUG v - red chili sauce

## SALADS A LA CARTE AVAILABLE

### CARROT SLAW VEG

*shaved carrot salad with raisins, mint, and creamy cumin dressing*

### LEBANESE SALAD VEG

*chopped cucumber, red onion, tomato, feta, lemon, mint, and olive oil*

### CUCUMBER FETA VEG

*chopped cucumber, tomato, onion, olives, and feta, red wine vinaigrette*

### CHICKPEA SALAD v

*fresh oregano, olive oil, cranberries, and edamame*

### TABOULI v

*fresh parsley, bulgur wheat, onions, lemon and olive oil*

### FATOUSH v

*shredded romaine lettuce with cucumber, tomato, and herbs, crispy pita garnish*

### ROASTED EGGPLANT v

*roasted eggplant with fresh garlic*

### SPANISH EGGPLANT v

*slow cooked in house tomato sauce*

### MIXED GREENS v

*selection of seasonal fresh greens*