

PARTY MENU

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MEDITERRANEAN PROTEIN BOWLS

All protein bowls include your choice of pita chips or warm flatbread. Additional protein +\$4pp

TIER I

TIER II

TIER III

3 salads • 2 sauces • 1 dip

1 protein • 3 salads • 2 sauces • 1 dip

2 proteins • 4 salads • 2 sauces • 2 dips

PROTEINS

GRILLED MEDITERRANEAN CHICKEN

spices, lemon, and olive oil

YOGURT MARINATED GRILLED CHICKEN

spicy yogurt and tomato sauce

CRISPY FALAFEL v chickpea cakes

SEITAN GYRO VEG / V - diced tomatoes & tzatziki sauce

VEGAN GYRO V

LAMB MEATBALL + \$3pp with fresh mint

SLICED ROSEMARY LEG OF LAMB + \$3pp

CHIMICHURRI STEAK + \$2pp

DIPS A LA CARTE AVAILABLE

MAHAMMARA V

sweet & spicy roasted red pepper

HUMMUS V

creamy chickpea & garlic

BABA GANOUSH V

creamy roasted eggplant & garlic

SAUCES A LA CARTE AVAILABLE

TZATZIKI VEG

fresh yogurt, cucumber, dill, & garlic

TAHINI V - creamy sesame, lemon, & herb

LABNEH VEG - yogurt with mint & lemon

SCHUG V - red chili sauce

·· SALADS A LA CARTE AVAILABLE ······

CARROT SLAW VEG

shaved carrot salad with raisins, mint, and creamy cumin dressing

LEBANESE SALAD VEG

chopped cucumber, red onion, tomato, feta, lemon, mint, and olive oil

CUCUMBER FETA VEG

chopped cucumber, tomato, onion, olives, and feta, red wine vinaigrette

CHICKPEA SALAD V

fresh oregano, olive oil, cranberries, and edamame

TABOULI V

fresh parsley, bulgur wheat, onions, lemon and olive oil

FATOUSH V

shredded romaine lettuce with cucumber, tomato, and herbs, crispy pita garnish

ROASTED EGGPLANT V

roasted eggplant with fresh garlic

SPANISH EGGPLANT V

slow cooked in house tomato sauce

MIXED GREENS V

selection of seasonal fresh greens